Respiratory Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of their child on a daily basis.

**Does your child have:**

1. Fever (100˚F or 37.8˚C or higher)? **□ Yes □ No**
2. Sore throat? **□ Yes □ No**
3. Cough? **□ Yes □ No**
4. Nasal congestion? **□ Yes □ No**
5. Runny nose? **□ Yes □ No**

SHOULD I KEEP MY CHILD HOME?

* If you checked “Yes” to fever AND one of the other symptoms, **keep your child home for at least 7 days after their symptoms began**.
	+ **If they still have cough and fever after 7 days, continue to keep them home** until 3 days (72 hours) after their fever has gone away (without using a fever-reducing medication like Tylenol or ibuprofen) **AND**your symptoms like cough, body aches or sore throat have improved.
* If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider’s recommendation and school policy for when to return to school.

WHAT SHOULD I TELL MY CHILD’S SCHOOL?

* If you checked “Yes” to fever AND one of the other symptoms, tell your child’s attendance office that your child is home with a respiratory (influenza-like) illness.
* If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child’s attendance office.