

Respiratory Illness Symptom Screening Tool for Parents and Caregivers

Parents and caregivers should use the following questionnaire to assess the health status of household members and their child on a daily basis.

Does your child or anyone in the household have:

1. A positive test for COVID-19 or is waiting for the results of a COVID-19 test
2. Fever (100°F or 37.8°C or higher) or chills
3. Cough
4. Shortness of breath or difficulty breathing
5. Fatigue
6. Muscle or body aches
7. Headache
8. New loss of taste or smell
9. Sore throat
10. Congestion or runny nose
11. Nausea or vomiting
12. Diarrhea

SHOULD I KEEP MY CHILD HOME?

- If your child has had close contact with someone who was diagnosed with COVID-19: **Keep your child home until recommended quarantine guidelines have been met.**
- If your child has a fever AND one of the other symptoms, **keep your child home for at least 10 days after their symptoms began.**
 - **If they still have cough and fever after 10 days, continue to keep them home until 24 hours after their fever has gone away (without using a fever-reducing medication like Tylenol or ibuprofen) AND symptoms like cough, body aches or sore throat have improved.**
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, follow your healthcare provider's recommendation and school policy for when to return to school.
- If there are household members that have symptoms suspicious for COVID-19, please keep your child at home and contact your healthcare provider to ask about testing.

WHAT SHOULD I TELL MY CHILD'S SCHOOL?

- If you checked "Yes" to fever AND one of the other symptoms, tell your child's attendance office that your child is home with a respiratory (influenza-like) illness.
- If your child has been diagnosed by a healthcare provider with a different disease, such as strep, tell your child's attendance office.