



SCHOOLS Guidance for Suspected or Confirmed COVID-19 Cases

Scenario	Immediate Action	Follow Up
<p>COVID-19 Symptoms</p> <p>(e.g., fever, cough, loss of taste or smell, difficulty breathing)</p>	<p>Send home and advise contact with primary care provider for recommendations regarding need for testing. If not available through their primary care provider, testing is available through CCHS. If COVID-19 ruled out by primary care provider or negative test result, can return 24 hours after symptoms resolve.</p> <p>If symptomatic and a known contact to a positive case, refer to the "Contact to COVID19 – Symptomatic" instructions below.</p>	<p>School/classroom remain open.</p> <p>Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS.</p> <p>No notification of CCHS required.</p>
<p>Negative COVID-19</p> <p>*Testing recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual.</p>	<p>If no symptoms and not a contact to a COVID19 positive individual, may return to school.</p> <p>If symptoms present, may return to school after 24 hours of symptom improvement and no fever (without the use of fever-reducing medication).</p> <p>If a close contact, a negative test does not shorten quarantine time for this individual.</p>	<p>Remain open.</p> <p>Notification of cohort in this scenario is at the discretion of each institution and not required by CDPH or CCHS.</p> <p>No notification of CCHS required.</p>
<p>Positive COVID-19</p> <p>Individuals with a laboratory confirmed COVID-19 PCR or Antigen test result.</p>	<p>Must isolate at home. The timelines for returning are:</p> <ul style="list-style-type: none"> • <u>With symptoms</u>: May return after 10 days have passed since start of symptoms, as long as symptoms are improving and there is no fever for 24 hours (without fever-reducing medication). • <u>Without symptoms</u>: May return after 10 days have passed since the date of positive COVID-19 test. If symptoms develop during isolation period, may return 10 days after test if symptoms are improving and no fever for 24 hours (without fever-reducing medication). 	<p>CCHS Notification:</p> <ol style="list-style-type: none"> 1. Notify CCHS using: CCHS School Intake Form 2. CCHS Locations Case Investigator will follow up with school liaison to coordinate next steps. <p>Employee notification requirements can be found in Section 4 of CA AB685.</p>



	<p><u>No repeat testing required to return to school.</u></p> <p>Next Steps:</p> <ol style="list-style-type: none"> 1. Identify close contacts and proceed with case notification. <ol style="list-style-type: none"> a. CCHS has a sample script for case interviews and sample template notification letters for students and staff who have been exposed. 2. Quarantine and exclude exposed contacts for 10 days after the last date the case was present at school while infectious. 3. Recommend testing of contacts, but testing negative will not shorten 10-day quarantine. 	<p>Cleaning Instructions:</p> <p>If notified of a positive COVID-19 case within previous 24 hours – close, clean and sanitize the affected areas concentrating on all high touch surfaces and areas where positive case(s) spent their time. Classroom and other affected areas can reopen once sanitized.</p> <p>CDC Cleaning Disinfection & Hand Hygiene in Schools</p>
<p>Contact to suspected COVID-19 (case is not lab-confirmed)</p>	<p>Must quarantine at home for 10 days after the last known close contact with the positive case and monitor symptoms for 14 days, whether contact is tested or untested. Symptoms can develop even after testing negative within 14 days after exposure, so strict adherence to 10-day quarantine and symptom monitoring for 14 days is required and close contacts should also continue to strictly adhere to preventive measures such as social distancing and use of face masking/facial covering once out of the 10 day quarantine. Testing is recommended no sooner than 5-7 days after exposure to a COVID-19 positive individual. Testing is highly recommended, but a negative test does not release one from quarantine.</p>	<p>No notification of CCHS required unless contact has a positive test result.</p>
<p>Contact to lab-confirmed COVID-19</p>	<p>Must quarantine at home for 10 days after the last known close contact with the positive case. Testing is highly recommended and if completed and returns positive, refer to actions and follow up for “Positive COVID-19.” If tests negative, must complete 10-day quarantine.</p>	<p>No notification of CCHS required unless contact has a positive test result.</p>
<p>Resources</p>	<ul style="list-style-type: none"> • Close Contact Definition • Interim Guidance for CICT in K-12 schools • CDPH Industry Guidance Covid-19 – Schools • Contra Costa Coronavirus Schools Guidance Page • CCHS Quarantine and Isolation Instructions • Template Letters to Notify of Exposure: <ul style="list-style-type: none"> • Staff • Student 	<p>Contacts:</p> <p>INTAKE Form</p> <p>covid.schools@cchealth.org</p> <p>CCHS General Covid-19 Info Hotline: (844) 72908410</p> <p>CCHS Covid-19 Schools Liaison Hotline: (925) 608-5315</p>

***** Please note that quarantine period for individuals working or living in high-risk settings is 14 days. General ed/school settings are not considered high-risk settings so a 10-day quarantine is recommended.**

