Parents, Staff, and Adult Video Series:

WHAT YOU NEED TO KNOW ABOUT VAPING & TEENS



An Overview

"Vape pens have completely shifted the landscape of tobacco prevention."

Emily Justice, TUPE Manager



Basics of E-Cigarettes and Vape Pens

"Now what we are dealing with and what we are seeing more in schools are pod based ones."

Derrick Kirk, Youth Development Specialist

Impact of E-Cigarettes and Vape Pens

"I have young people in my life that say that they can't even go into the bathrooms without vaping being there."

Lynn Mackey, Contra Costa County Superintendent of Schools

Intersection of Vape Pens and Marijuana

"With adolescents and the developing brain anything you introduce into their brain that is an addictive substance is going to change the brain."

Dr. Bonnie Halpern-Felsher, Stanford University

Support for Students, Families, and Schools

"We try to start from an educational perspective."

Karen Carlson, Vice Principal



Tips for Parents and Educators

"Make sure you're having a conversation not a confrontation."

Ira Sachnoff,
Consultant



Tobacco Use Prevention Education (TUPE) programs reduce tobacco use by helping students make healthful decisions through tobacco-specific educational instruction and activities that build knowledge, as well as social skills and youth development assets.